

MAKE-OVER

BEFORE

D'ARCY ZIPRICK

Occupation: Teacher

D'Arcy is our first male makeover participant. After sixteen years of never changing his look and not caring much about his appearance, D'Arcy is now at the end of his journey with us. We are ready to introduce the new D'Arcy Ziprick to the world!



After taking a closer look last month on D'Arcy's choice of different styles and colours of clothing, we are now focusing on hair, nails, and brows.

HAIR

First, I took a look at his hair. He had old, faded gold highlights, and he needed a cut.

"I don't like how my hair looks right now", D'Arcy said. "My hairstyle needs an update and my hair color needs to be changed. I need to do something different with my hair—I'm just not sure what".

D'Arcy's hairstyle was very 1980s, giving him an outdated image. It was time for a change. To help D'Arcy get a better idea about how his new hairstyle would look, we went through a style analysis.

I uploaded his picture into a computer program that features hundreds of different hairstyles for men. Then, we looked at how these hairstyles complemented D'Arcy's face shape, colouring, features, and hair texture.

After a couple of hours of searching through most of the hairstyles available in the program, we both agreed on the winning one. It was going to look fabulous!

With a printout of his picture with the hairstyle we've selected, I then sent D'Arcy to the Ocean Breeze Spa in Yaletown, where he received a true pampering.

At the salon, the hairstylist used a cool brown to color the hair, getting rid of the highlights. This also gave his face a nice glow. The old warm highlights muted his skin tone.

Then, D'Arcy's hair was cut and styled similar to the hairstyle in the picture we provided.



Photo credit: Eydis S. Luna Einarsson

BROWS AND NAILS

D'Arcy's brows also needed a makeover. Brows are one of the most important facial features. They help balance the entire face by framing it. The brows were shaped using a technique called *threading*, in which rows of stray hairs are yanked out with twists of cotton thread. Called *khite* in Arabic and *fatlah* in Egyptian, it's a less-common method in the West for removing facial hair at the root. The practitioner holds one end of the cotton thread in the teeth and the other in the left hand. The middle is looped through the index and middle fingers of the right hand. The practitioner then uses the loop to trap a series of unwanted hairs and pull them from the skin. There are also devices made that can hold the thread during the procedure.

Brow-threading is inexpensive, fast, and neat, and is generally considered less painful than plucking. Like plucking, results can last from two to four weeks.

Finally, D'Arcy's nails were shaped, and his cuticles were cleaned and treated with hot oil to restore their health.

THE RESULT

"Since the makeover, my friends and co-workers have noticed a big change", D'Arcy said. "My confidence is higher, and I just have a better outlook on life. Thank you!"

Read next month's *Vancouver View* to meet our next makeover participant!

Special thanks to Ocean Breeze Spa for contributing to D'Arcy's fabulous new look.

Produced by image consultant
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Denisa has over five years of experience in image-related fields. Denisa appeared on *Breakfast TV*, *Urban Rush*, and *Shaw Express* as the expert in image-related topics. She was also quoted in *The Province*, *Vancouver Sun*, *24 Hours*, and was a guest on *BC Almanac* at CBC Radio. Contact her at denisa@viewmagazine.ca.